



## WHAT ARE THE BEST STEPS TO STAY SAFE AND HEALTHY FROM THE COVID-19 VIRUS?

Covid-19, also known as the novel coronavirus, is still very much in circulation in our communities. Even as the State has begun to lift restrictions, it is important that we take steps to keep ourselves, our families and those around us healthy. If you're at higher risk of severe illness from COVID-19 (adults age 65 and older and/or people with underlying medical conditions) you're still advised to stay home as much as possible. All people, not just high risk individuals, have the potential for becoming infected. Everyone is encouraged to follow safety recommendations, both for their own health and to prevent COVID-19 to others who are at higher risk.

## WHAT PRECAUTIONS SHOULD BE TAKEN WHEN VISITING BUSINESSES AND PUBLIC PLACES?

- ▶ Stay at least six feet away from others
- ▶ Consider wearing a cloth face covering if you cannot maintain at least six feet of distance between yourself and others while out
- ▶ Do not touch your eyes, nose, or mouth
- ▶ When leaving, use hand sanitizer; when home, wash your hands with soap and water for at least 20 seconds.

## WHO SHOULD WEAR A MASK?

The City of Avondale strongly encourages employees to use their best judgement and consider wearing a face mask/face covering while at work or interacting with other employees and the public. The use of face coverings is voluntary. There is no mandate from the State or the Governor's Office requiring mandatory use of face coverings/masks. Employees have been issued re-useable facemasks and must have a face covering readily accessible while on duty, with the understanding that wearing a mask will help them do their part to keep their co-workers and the community safe.

## WHY ARE FACE COVERINGS IMPORTANT?

CDC recommends everyone wear cloth face coverings in public settings where other social distancing measures are difficult to maintain (e.g., grocery stores and pharmacies), especially in areas of significant community-based transmission.

## HOW CAN WE SLOW THE SPREAD?

CDC advises the use of simple cloth face coverings to slow the spread of the virus and help people who may have the virus and do not know it from transmitting it to others. In other words, face coverings are not intended to protect the person wearing them, rather they are doing their part to prevent the spread of the virus should they be asymptomatic (ie. unknowing carriers of Covid-19).

## WHAT IS THE CURRENT CITY POLICY?

The City has a policy that states employees **MUST STAY HOME** from work if they are sick with any symptoms of fatigue, fever, chills, cough, achy muscles, sore throat, loss of taste or smell, breathing difficulty/tightness in your chest. Please refer to the City's policies AP-70, Governing Work-Place Illness During COVID-19 Pandemic, AP-71, Families First Coronavirus Response Act (FFCRA) and AP-72, CDC Recommendation for Voluntary Use of Cloth Face Coverings.