



SAVE A LIFE

Bleeding Control (B-Con) Basic

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100+years

AMERICAN COLLEGE OF SURGEONS

*Inspiring Quality:
Highest Standards, Better Outcomes*



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What everyone should know to control bleeding

Bleeding Control Basic v. 1.0



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This educational program is the product of a cooperative effort by:



The Hartford
Consensus



The American
College of
Surgeons
Committee on
Trauma



The Committee
on Tactical
Combat
Casualty Care



The National
Association
of
Emergency
Medical
Technicians



- The focus of this program is on:
 - The immediate response to bleeding
 - Recognize life-threatening bleeding
 - Appropriate ways to stop the bleeding
- The help given by an immediate responder can often make the difference between life and death, even before professional rescuers arrive.

With the right training, YOU can help save lives!

Why Do I Need This Training?



**Work-related
injuries**

**Mass
shootings**

Home injuries

**Motor vehicle
crashes**

Bombings



Primary Principles of Immediate Response

- Ensure your own safety
- The **ABCs of Bleeding**
 - A** – Alert – call 9-1-1
 - B** – Bleeding – find the bleeding injury
 - C** – Compress – apply pressure to stop the bleeding by:
 1. Covering the wound with a clean cloth and applying pressure by pushing directly on it with both hands, OR
 1. Using a tourniquet, OR
 2. Packing (filling) the wound with gauze or a clean cloth and then applying pressure with both hands